



Hiking the Gastlosen Mountain Range

Travel and Logistics

The following information provides some important information on course logistics and on planning your travel to Gstaad, Switzerland.

Course Start

Please wait booking any travel arrangements until OCLS office confirms your place on the course.

Your course will begin on the start date at 8am with a brief introduction at the Sports Lodge, before you'll start your hiking adventure.

Given the early start to the day, double room accommodation is booked at the Sports Lodge in Gstaad for all Participants and included in the tuition fees. You'll meet your lead instructor and other course participants.

Please inform our office staff in due time about your approximate arrival time.

Travel Arrangements

You are responsible for organizing your own travel arrangements. However, Gstaad is easily accessed by rail or car from either Geneva or Zürich airport. If you travel via Zurich-Kloten airport it will take approximately 3 hours by car and 3:15 by train. If you fly into Geneva-Cointrin it will be a 2 hour journey by car and approximately 2:45 hours by train

For more detailed information visit the Gstaad website <http://www.gstaad.ch/en/gstaad/travel-public-transport.html> or contact our office at info@ocls.ch

The First Day

The first day will be a very busy one. In the morning, you'll meet your instructors for a brief course orientation, the remainder of the morning will be spent issuing equipment, preparing food supplies and getting packed up for the expedition. You'll start your first hiking day that afternoon.

Final Day

We'll return to the Sports Lodge in Gstaad late afternoon. Upon arrival, you'll clean and return all group equipment. You'll debrief your course experience with your lead instructor and celebrate your success. This marks the official end of the course.

All travel arrangements for departing Gstaad must be made for the morning after the course ends.

Luggage and Valuables

We have storage spaces available for you to store personal gear and in-town clothing while you are in the backcountry. Please try to limit items to one or two items, as space is limited.



Valuables can also be stored in the OLCS office. Although due care will be taken, OCLS assumes no liability for lost, stolen, or damaged personal property while in our care.

Miscellaneous Expenses

You are advised to bring enough cash and/or credit cards to cover miscellaneous expenses encountered while travelling to and from Gstaad. During the hike you also have the chance to buy local produce e.g. cheese directly from the producers in the mountains.

Emergency Contact during the Course

Should your family experience an emergency and need to reach you, they should contact the OCLS office at 0041 33 748 41 61 or at info@olcs.ch